

## ANIMAL NITRO



### NUTRASPORT

Flavours:	N/A
Size:	44 Pack
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

Accelerated Amino Transport. Aminos are the basic building blocks of muscle. Aminos can also trigger anabolism, the cornerstone of muscle growth. As a lifter, you need them, especially the right ones. While there are nearly two dozen different amino acids, only a select few are absolutely essential for igniting the anabolic drive, as new research has shown. Not surprisingly, these required aminos are the same ones found in human muscle protein. Animal Nitro is the first and only supplement that contains the correct ratios of those aminos based on human muscle protein itself. This complex of aminos is appropriately called Human Muscle Protein Complex™ (HMPC™) and they're only in Animal Nitro. HMPC™ consists of special "uncoupled" aminos exclusively – those that are free of the chemical bonds that can limit maximum utilization. By using only 100% uncoupled aminos in HMPC™, Animal Nitro delivers a precisely controlled dose of aminos that are "targeted" to efficiently enter systemic circulation through a novel amino transport system. Here's how it works. Each pack consists of a measured 6,000mg dose of uncoupled aminos (HMPC™). Once ingested, they form a special bolus (a protective "mass") that allows them to efficiently bypass the liver. Now this is vital as the liver captures and catabolizes regular amino acids (like those found in protein powders such as whey and more conventional amino supplements) to urea, a waste product. Once safely past the liver, this bolus of uncoupled aminos enters systemic circulation, where they can exert their powerful pharmacological actions—vasodilation and anabolism. When combined with resistance training, Animal Nitro can actually help your body deliver more nutrients to your working muscles, recover more quickly, and build new muscle mass by enhancing protein synthesis, improving net muscle protein balance, and preventing muscle breakdown. Gram for gram, nothing is as pure, as efficient, as potent, and as effective as Animal Nitro. It's the gold standard among amino-based supplements.

## NUTRITION

Container Size: 30 Paks  
Serving Size: 2 Paks  
Servings Per Container: 15

Container Size: 44 Paks  
Serving Size: 2 Paks  
Servings Per Container: 22

Amount Per Serving:

Vitamin B6 (pyridoxine HCl): 500mcg  
Niacin (as niacinamide): 10mg

Human Muscle Protein Complex: 4995mg  
Arginine  
Histidine  
Isoleucine  
Leucine  
Lysine  
Methionine  
Phenylalanine  
Threonine  
Valine

Pro BCAA Complex:  
Leucine: 3500mg  
Isoleucine: 1690mg  
Valine: 1815mg

Other Ingredients:

Stearic acid, magnesium stearate, gelatin, titanium dioxide, FD&C Red #40, FD&C Blue #1

## TORRENT



### NUTRASPORT

Flavours: Apple, Berry

Size: 1.1Kg

Price: See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

Torrent™: Post-workout Anabolic Muscle Mass Activator  
 Torrent™ sets a new standard for post-workout (PWO) nutrition, though often over-looked, this part of the bodybuilding equation, is the most critical aspect in the quest to foster new growth. Properly utilizing this time is vital for inducing overall muscle mass activation. Torrent's™ formula is designed to maximize the anabolic "window of opportunity" that exists after a hard training session. After lifting, muscle protein synthesis can potentially be stimulated for hours. Simultaneously, the rate of protein degradation is also increased.

In the absence of macronutrient intake, a bodybuilder's protein balance would remain negative. If you want to build muscle this definitely isn't a good thing. This is where Torrent™ comes into play. It acts quickly and efficiently by supplying your muscles with a powerful cascade of precious nutrients in a matter of moments. After a hard workout your muscles are torn down, glycogen is depleted and your body enters a damaging catabolic state. For the bodybuilder, this is a state of red alert. When consumed immediately post-training, Torrent's™ proprietary blend of muscle mass activators rush to bring your body back into anabolic "green light" status, quickly repairing damaged muscle fibers while triggering fresh growth. First and foremost, it has protein. Torrent™ is loaded with hydrolyzed whey protein, which consists of small whey peptides that can be quickly digested and absorbed.

Torrent™ also contains a specialized Osmosulin Matrix™ of carbohydrates that allows for quick glycogen replenishment and the fastest possible absorption of muscle nourishing nutrients. This blend is packed with an optimal ratio of complex carbs from innovative waxy maize starch and maltodextrin and sugars from pharmaceutical-grade dextrose. This blend allows for a dramatic boost of anabolic insulin via simple sugars coupled with the nutrient drawing effects of "high molecular weight" carbohydrates.

The formula is then generously spiked with 18 grams of a key proprietary blend of advanced aminos and creatines... An anabolic matrix that will put your muscles in post-workout recovery overdrive. When consumed immediately after intense training this potent blend induces a powerful anabolic surge that shuttles nutrients into your starved muscle cells. Heightened anabolism, rapid nutrient transport, insulin potentiating all delivered by means of a delicious post-workout growth cocktail. Torrent™ is an anabolic force mother nature never intended. Blow your plateaus away with Torrent™.

## NUTRITION

Container Size: 827g  
 Serving Size: 1 scoop (10.5g)  
 Servings Per Container: 80

Amount Per Serving:

Total Calories 0  
 Total Carbohydrates: <1g  
 -Sugar: 0g  
 Magnesium: 5mg

Hypervol Complex: 5000mg  
 -Tricreatine Matrix (TCM) (Creatine Gluconate, Creatine Orotate, Creatine AKG)  
 -Di-Creatine Malate  
 -Creatine Monohydrate  
 -Magnesium Creatine Chelate

INOXsulin-7: 3750mg  
 -L-Taurine  
 -Betaine Anhydrous  
 -Citrulline Malate  
 -L-Arginine AKG  
 -Beta Alanine  
 -Alpha-Lipoic Acid  
 -4-Hydroxyisoleucine (20%)

Other Ingredients:

Natural Grape Flavor, Grape Skin Extract, Citric Acid, Sucralose, Acesulfame-K, Fenugreek Extract, Silicon Dioxide

Please Note: Nutritional facts and ingredients may vary slightly between flavours

## ANIMAL OMEGA



## NUTRASPORT

Flavours:	N/A
Size:	30 Packs
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

Animal Omega - The Ultimate In Essential Fatty Acid Supplementation. Animal Omega provides essential nutrition for the serious strength athlete. It's loaded with all of the right fats, in a proper ratio of n-3 to n-6 to help support high quality metabolic functioning and body recomposition. It also supports cardiovascular protection, a healthy immune system and overall health and well being. It won't change your physique overnight, but it will be an important addition to your long term physique goals.

This is a common thread among Animal products. They aren't flashy or sexy. They are complete, comprehensive, and just get the job done. You might not "feel" them immediately, but you sure as shit will know it when you're not using them. They are not about style but substance. They place function before form. They are about results, period. Bottom line is, in the changing landscape of bodybuilding supplementation, quality EFA use is a must if your diet is to be optimized and your goals are to be met. That is why we bring you Animal Omega. For the Animal, the quest to be the best is not a casual choice, not a passing fancy. Like his choice of supplements, it is essential. Animal Omega. It's the last world on EFA supplementation.

REQUIRED FOR Bodybuilders and strength athletes, both offseason and precontest.

- Those looking to shed bodyfat.
- Those looking to optimize hormone levels.
- Those seeking to improve cardiovascular health.
- Bodybuilders looking to optimize overall health.

## NUTRITION

Serving Size: 1 Pak  
Servings Per Container: 30

Amount Per Serving:

Total Calories: 60  
Total Fat: 7g  
-Saturate Fat: 1g  
Cholesterol: 5mg  
Vitamin A (As Retinyl Palmitate): 2,664IU  
Vitamin D (As Cholecalciferol): 2,000IU  
Vitamin E (As D-Alpha Tocopherol): 10IU

Omega 3 Fatty Acid (N-3 FA) Complex: 4,000mg  
Flaxseed Oil  
Salmon Oil  
Cod Liver Oil  
Herring Oil  
Anchovy Oil  
Mackerel Oil  
Sardine Oil

Omega 6 Fatty Acid (N-6 FA) Complex: 2500mg  
Borage Oil  
Safflower Oil  
Evening Primrose Oil  
Sesamin

Omega Absorption Complex: 200mg  
Lecithin (Soy)  
L-Carnitine  
Lipase Enzyme

Other Ingredients:

Gelatin, Glycerin, Purified Water, Caramel Color.  
This Product Contains Fish

## ANIMAL INTRA-AID



## WHAT IT DOES

Proper workout nutrition (intra-workout) is an area that is being supported by a legit, growing body of science. Intra-workout nutrition represents the next big nutritional frontier for bodybuilders and weightlifters. Even so, many lifters often ignore this period. Why is targeted intra-workout supplementation so important? Here's a short list: proper rehydration, muscle and liver glycogen resynthesis, improved immune function, decreased muscle catabolism, increased muscle protein synthesis, increased muscle anabolism, faster recovery and training at a higher intensity. It's amazing how so many benefits can get overlooked.

Intra-Aid brings intra-workout nutrition into the 21st century. It's a combination of key complexes that work in synergy to maximize the aforementioned benefits of workout supplementation. Intra-Aid consists of 5 potent components: fast-acting hydrolyzed protein, a highly specialized carbohydrate blend, critical electrolytes, an essential amino acid blend, and key ergogenic agents. Intra-Aid combines all of the scientific benefits of proper intra-workout supplementation, leaving out the guesswork. The gym water fountain and popular high fructose "sports" drinks may be good for the regular athlete, but for the serious weight lifter, they just can't compare. Think of Intra-Aid as first-aid for your workout.

## NUTRITION

Container Size: 788g  
Serving Size: 1 scoop (32g)  
Servings Per Container: 25

Amount Per Serving:

Total Calories: 72  
Protein: 8g  
Total Carbohydrates: 10g  
-Sugars: 5g  
Fat: <1g  
Calcium: 50mg  
Magnesium: 50mg  
Sodium: 100mg  
Potassium: 100mg  
Intra-Aid Proprietary Performance Blend (10,000mg):  
-Beta Alanine, Taurine, Leucine, Isoleucine, Valine, Arginine, Histidine, Lysine, Methionine, Phenylalanine, Threonine

Ingredients:

Intra-Aid Carb Blend (Maltodextrin, D-Glucose, Waxy Maize), Partially Hydrolyzed Whey Protein Concentrate (Milk)(Providing Di-, Tri-, Oligo- And Polypeptides), Sodium Chloride, Magnesium Phosphate, Potassium Phosphate, Calcium Sulfate, Natural And Artificial Flavors, Citric Acid, Malic Acid, Acesulfame-K, Sucralose, FD&C Red #40, FD&C Blue #1

Please Note: Nutritional facts and ingredients may vary slightly between flavours

## NUTRASPORT

Flavours: Blue Raspberry, Citrus  
Size: 1Kg  
Price: See Nutrasport Website

**PURCHASE**

## ANIMAL FLEX



### NUTRASPORT

Flavours:	N/A
Size:	44 Packs
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

One of the key components to bodybuilding progress is consistency--paying your dues day in and day out in the gym. The cumulative effect of this daily wear and tear over the weeks, months, and years, can be profound. When you're building a house, a big one, you need to make sure the foundation is rock solid because that house puts tremendous pressure on the foundation. Now your body's foundation is your joints, ligaments, tendons, and all the connective tissue--the necessary stuff that supports your muscles, your training.

The harder you train, the more massive amounts of weight and the numerous sets and reps performed in a typical workout, the more stress you put on your foundation. This constant pounding can take its toll, weaken it. And when a foundation crumbles, the house comes tumbling down.

Animal Flex is designed to help strengthen your body's foundation, to help protect your joints from the daily grind brought about by heavy duty weight training. Each pack of Animal Flex consists of several key joint protection complexes:

- (1) a potent joint construction complex to help repair connection tissue;
- (2) a lubrication complex to help cushion the joints from lifting;
- (3) a support complex to help promote rehabilitation and reduce soreness;
- (4) a key vitamin/mineral support blend to help underscore optimal joint health. Animal Flex is your armor against the rigors of iron warfare. It is complete, comprehensive and effective.

## NUTRITION

Serving Size: 1 Pak  
Servings Per Container: 44

Amount Per Serving:

Total Calories: 9  
Fat: 1g  
Vitamin C (as ascorbic acid): 100mg  
Vitamin E (as d-alpha tocopherol): 100mg  
Zinc (zinc picolinate): 15mg  
Selenium (sodium selenite): 70mcg  
Manganese (as manganese sulfate): 1mg

Joint Construction Complex: 3000mg  
Glucosamine (as HCl, Sulfate KCl)  
MSM  
Chondroitin Sulfate A  
Chondroitin Sulfate B

Joint Lubrication Complex: 1000mg  
Flaxseed oil (50% alpha linoleic acid)  
Cetyl Myristoleate Proprietary Blend  
[cetyl myristoleate, cetyl myristate, cetyl palmitate, cetyl laurate, cetyl palmitoleate, cetyl oleate]  
Hyaluronic acid

Joint Support Complex: 1000mg  
Ginger root extract (gingerols, shogaols)  
Turmeric Extract (curcumin)  
Boswellia (boswellic acid)  
Quercetin  
Bromelain

Other Ingredients:

Shark cartilage, carob, gelatin, glycerine, soybean oil, purified water, magnesium stearate, stearic acid. Contains shellfish

## STORM



### NUTRASPORT

Flavours:	Fruit Punch, Grape
Size:	600g
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

If you want to enhance your performance in the gym and add serious size onto your frame, then look no further than Storm®. We are talking about serious size, not extra fat from the sugar-loaded creatine products of the past. We use only the finest and most advanced blend of creatine including magnesium creatine chelate, which is a patented form of the molecule that has been shown to boost strength after only 2 weeks of use. This coupled with the potent blend of nitric oxide boosters and insulin potentiators that make up Storm's® delivery system makes it the most potent volumizing formula available.

### It Has a Superior Delivery System:

Storm® uses a unique delivery technology called iNOXsulin-7™, that speeds up the absorption without the need for any unwanted glucose ingestion. iNOXsulin-7™ uses time released nitric oxide boosters and insulin potentiators to effectively shuttle the creatine into the muscle tissue during your “window of opportunity” that exists directly prior to and immediately after your workout. You can also expect incredible pumps from the NO boosting complex that will help increase your energy levels in the gym.

### It Has 4 Forms of Creatine:

Storm® uses 4 diverse forms of creatine to form the foundation for this advanced formula that can help saturate your muscle tissue like no other. Storm® contains some of the most technologically advanced forms of creatine, including magnesium creatine chelate, dicreatine malate and tricreatine malate for superior uptake. We didn't forget creatine monohydrate, the tried and true form that has produced proven results time and time again. Introducing these four distinct forms into your system will allow for a continuous flood of creatine into your muscle tissue for sustained benefits throughout the day.

## NUTRITION

Container Size: 827g  
Serving Size: 1 scoop (10.5g)  
Servings Per Container: 80

### Amount Per Serving:

Total Calories 0  
Total Carbohydrates: <1g  
-Sugar: 0g  
Magnesium: 5mg

Hypervol Complex: 5000mg  
-Tricreatine Matrix (TCM) (Creatine Gluconate, Creatine Orotate, Creatine AKG)  
-Di-Creatine Malate  
-Creatine Monohydrate  
-Magnesium Creatine Chelate

iNOXsulin-7: 3750mg  
-L-Taurine  
-Betaine Anhydrous  
-Citrulline Malate  
-L-Arginine AKG  
-Beta Alanine  
-Alpha-Lipoic Acid  
-4-Hydroxyisoleucine (20%)

### Other Ingredients:

Natural Grape Flavor, Grape Skin Extract, Citric Acid, Sucralose, Acesulfame-K, Fenugreek Extract, Silicon Dioxide

Please Note: Nutritional facts and ingredients may vary slightly between flavours

## REAL GAINS



## NUTRASPORT

Flavours:	Chocolate, Strawberry, Vanilla
Size:	3Kg
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

Real Gains is an extremely powerful mass-cultivating support formula that was created with you, a hardcore active and athletic individual, in mind. Real Gains has more of what you want and less of what you don't: more calories, more protein, more good fats, more taste, more fiber and far less sugar.

You want to gain, muscle mass that is, and the right way to do that is with large amounts of protein, which you will find in every scoop of Real Gains, and by cutting fat intake. Rest assured we use only the finest whey protein and micellar casein available on the market.

We don't skimp on things that are important and neither should you. Our Real Gains Protein Complex has a top-notch amino acid profile and instantly mixes into a liquid with no blender required. Large amounts of complex carbs have also been included in every serving since they are an essential part of building and fueling muscle expansion.

These carbs are a large source of energy that will support your intensely hardcore weight training routines. We have also provided you with inulin, a special dietary fiber that will aid in digesting all of the protein, carbs, and fat you need to get big and stay big.

MCT and flaxseed oils are included to aid in hormone production, cell membrane protection and growth, as well as overall daily nutritional needs. Real Gains is meant to be used together with a well balanced diet and hardcore training routine.

## NUTRITION

Container Size: 1762g  
Serving Size: 3.5 scoops (155g)  
Servings Per Container: 11

Container Size: 3176g  
Serving Size: 3.5 scoops (155g)  
Servings Per Container: 20

Container Size: 4.8kg  
Serving Size: 3.5 scoops (155g)  
Servings Per Container: 30

Amount Per Serving:

Total Calories: 610  
Protein: 52g  
Total Carbohydrates: 87g  
-Sugars: 5g  
-Dietary Fiber: 5g  
Fat: 6g  
-Saturates: 3g  
Calcium: 316mg  
Iron: 2mg  
Sodium: 169mg  
Potassium: 503mg

Ingredients:

Maltodextrin, Real Gains protein complex (ultra filtered whey concentrate, micellar casein, whey protein isolate), dutch processed cocoa, inulin, flaxseed oil, mct, calcium caseinate, chocolate flavor, natural and artificial flavors, sodium chloride, sucralose, acesulfame potassium

Please Note: Nutritional facts and ingredients may vary slightly between flavours

## EAA NITRO



## NUTRASPORT

Flavours:	Grape, Fruit Punch
Size:	1.1Kg
Price:	See Nutrasport Website

**PURCHASE**

## WHAT IT DOES

With EAA Nitro™, you get the same “uncoupled” essential amino acid profile as found in human muscle itself. You also get the addition of 35g of dextrose. And it all comes in a grape-flavored drink mix. Think of the added dextrose as a kind of supercharger. This important carb takes those key essential aminos your muscles need and ignites 'em. In one recent study, researchers looked at the anabolic impact of 6g of essential aminos mixed with 35g of simple carbs on weightlifters. They found that the EAA/carb drink promoted muscle anabolism and increased protein synthesis by ~400% above pre-drink values when that drink was taken within a short period of time after lifting. So the next time you reach for your favorite post-workout shake, take a serving of EAA Nitro™ instead.

## NUTRITION

Serving Size 1 Scoop

Servings Per Container 21  
Amount Per Serving

Calories 140  
Total  
Carbohydrate 35 g

Sugars 35 g

Vitamin B6 250mcg  
Niacin (as Niacinamide) 5 mg

Human Muscle Protein Complex 2500 mg

Leucine  
Lysine  
Arginine  
Valine  
Isoleucine  
Histidine  
Threonine  
Methionine  
Phenylalanine  
EAA Nitro Ingredients:

Dextrose, Natural Grape Flavor, Citric Acid, ,  
Sucralose. Red #40, Blue #1

### EAA Nitro Suggested Use

When lifting, there is a critical 4-hour window of opportunity that exists. To take advantage of this window, take 1 packet within 30 minutes after resistance training. For even better results, you can take 2 packets - the first immediately before lifting, and the second within 30 minutes after. If you use a post-workout shake, wait at least another 30-45 minutes after you've taken the EAA Nitro packet before drinking that shake. Always take EAA Nitro on an empty stomach.

## BCAA STAK



## WHAT IT DOES

BCAA Stack, with its clinically proven ratio of branched-chain amino acids and glutamine, can actually help you increase strength, boost performance, provide energy during dieting, and promote lean mass gains while increasing bodyfat loss.

BCAA Stack is perfect for all serious athletes, from the bodybuilder to the marathoner, the gainer to the dieter. Studies have proven that the formula in BCAA Stack can increase nitrogen retention, which in turn helps your body accumulate lean mass. Furthermore, recent studies have shown that the BCAA/glutamine stack could increase strength and positively influence body composition. While taking this powerful stack in addition to a calorie-restricted diet, individuals gained lean mass while dramatically decreasing bodyfat! Whether you're dieting to make weight or are trying to maintain (or even increase) lean mass, studies prove there's no better amino acid combination than the BCAA/glutamine stack. If you're looking for that extra edge, there's only one BCAA Stack, only from Universal Nutrition.

## NUTRITION

250 Grams Grape  
 Serving Size 10 Gram (2teaspoons)  
 Servings Per Container 25

Amount Per Serving % DV  
 Calories 0  
 Total Fat 0g 0%\*  
 Saturated Fat 0g 0%\*  
 Total Carbohydrates 0g 0%\*  
 Glutamine 2.75g \*\*  
 Leucine (As L-Leucine) 2.5g \*\*  
 Isoleucine (As L-Isoleucine) 1.25g \*\*  
 Valine (As L-Valine) 1.25g \*\*

\* Percent Daily Values are based on a 2,000 calorie diet

\*\* Daily Value (DV) not established

Other Ingredients

Grape Flavor, Citric Acid, Grape Skin (Coloring), Aspartame†.

†Phenylketonurics: Contains Phenylalanine.

## NUTRASPORT

Flavours: Grape, Orange

Size: 1.1Kg

Price: See Nutrasport Website

**PURCHASE**