

ASSAULT



NUTRASPORT

Flavours:	Lemonade, Raspberry
Size:	1.3Kg
Price:	€44.99

PURCHASE

WHAT IT DOES

ASSAULT™'s clinically proven formula combines the vital “powerhouse” active ingredients above with several key synergists into 3 “MATRICES” specifically formulated to maximize performance enhancing impact. With more than TWICE the active ingredients per dose of other major brands, no other product can stand up to the power of ASSAULT™!

- **Muscle Explosion NO Matrix:** Powerful volumizing compounds, hydrogen ion scavengers and anti-fatigue agents work synergistically to keep muscles jamming, full and tight, with more contractile power than Mother Nature ever anticipated. This component of ASSAULT™'s aggressive formula will keep you training until the lights go down.

- **Strength Domination & Recovery Matrix:** Ramped up ATP, increased cellular volume and nutrient uptake – these are the keys to impacting muscular strength, power and feeding accelerated recovery for ongoing growth. The Strength Domination & Recovery Matrix of ASSAULT™ fuels energy pathways, feeds cytoplasmic expansion and enhances nutrient delivery into muscle cells, where they feed anabolism.

- **Mind Connection Matrix:** The three powerful neuro-support agents, taurine, pyroglutamic acid and tyrosine, are naturally occurring brain support chemicals. ASSAULT™ Mind Connection Matrix contains a unique and potent focus formula, designed specifically to improve alertness and concentration capabilities. More than just another caffeine-based jitter product, ASSAULT™ feeds the body, and razor-sharpens mental function without increased cardiac stimulation.

- **Suma Root – Russian Anabolic Secret:** ASSAULT™'s secret weapon! Suma Root is called the “Russian Secret” because was used by Russian athletes as an alternative to anabolic steroids. Suma is actually a South American herbal derivative with several adaptogenic properties. Suma gets its muscle-building properties from its high levels of anabolic-type phyto-chemicals including beta ecdysterone and other ecdysteroid glycosides.

Suma is known to increase nitrogen retention and support protein synthesis, improve cellular oxygenation and enhance energy pathways, regulate hormone levels, boost immunity, increase libido, enhance recovery and improve energy.

NUTRITION

Serving Size: 1 Scoop
Servings Per Container: 25

Amount Per Serving:
Calories 40
Calories From Fat 0
Total Carbohydrates 18g 6%
Sugars 1g *%
Calcium 117g 11.7%
Sodium 75mg 3.1%
Potassium 60mg 1.7%
Protein 8mg 1.6%

Assault Proprietary Blend 39970mg:

Muscle Explosion NO Matrix
Beta Alanine
Citrulline Malate
Glycine
Suma Ext. 25:1
L-Arginine AKG
Arginine Blend (Di-Arginine Malate, Arginine Ethyl Ester, Arginine Orotate)
Suma Root

Strength Domination & Recovery Matrix
CreatPure
Glutamine
Kre-Alkalyn
Creatine Ethyl Ester (CEE)
Di-Creatine Malate

Mind Connection Matrix
Taurine
Pyru-Glutamic Acid
Tyrosine

Other Ingredients:
Papain, Glucose Polymers, Citric Acid, Natural And Artificial Flavors, Cranberry Powder, Caffeine Anhydrous, Acesulfame Potassium, Sucralose

RECON



NUTRASPORT

Flavours:	Fruit Punch
Size:	1.2Kg
Price:	€44.99

PURCHASE

WHAT IT DOES

RECON™ combines 7 natural Matrices specifically formulated to fuel the body's muscle-building, repair and recovery systems to maximize post-workout growth and repair and optimize the "anabolic window".

RECON™ is hyper-loaded with glycogen-replenishing, muscle-loading specific carbohydrates (Carb-Max blend), stress hormone regulators and cellular detoxifiers to prevent catabolism and promote cellular health, and immuno-modulators to maximize health and recovery. RECON™ also target key anabolic and recovery pathways within the body to support muscle growth, fuel recovery and maximize the body's adaptive response to hard training. RECON™ Muscle Reconstruction Matrix contains:

- **RECOVER Matrix:**
 - The most abundant amino acid in the body, glutamine, is known for its immune boosting and muscle building properties. RECON™ has over 7 grams of glutamine per serving, along with several other powerful, recovery-inducing agents.
- **REBUILD Matrix (Anabolic Primer):**
 - Research has proven time and time again Essential and Branched Chain amino acids to be critical components of the muscle building process. Especially in immediate post-training "window of growth", BCAAs and EAAs are critical components of muscle repair and rebuilding. RECON™ contains 6 grams of EAA's and 6 grams of BCAAs
- **REFUEL Matrix (Muscle Extender):**
 - Beta Alanine and Citruline Malate have been shown to help replenish cellular energy, to fuel ongoing muscular contractions for harder, more intense training sessions. RECON™ REFUEL Matrix will facilitate cellular energy replenishment and prepare the muscle cells for the next training session.
- **REGENERATE Matrix (Muscle Toxin Remover):**
 - RECON™ is hyper-loaded with key herbal extracts and phytochemicals specifically included for their role in recovery, regeneration and rebuilding. The REGENERATE Matrix also contains several cellular detoxifiers, free-radical and cellular pollutant scavengers, specifically designed to remove metabolic waste for improved recovery and cell health.
- **RELOAD Matrix (Insulinogenic):**
 - Insulin is the most anabolic hormone in the body, bar none. RECON™ contains several proven nutrient "drivers", insulinogenics and insulin mimetics, specifically included to help thrust recovery agents from the bloodstream into the muscle cells. RECON™'s RELOAD Matrix acts as a hyper-loaded nutrient delivery system, formulated to stimulate rapid nutrient uptake for maximal muscle growth and repair.
- **RECHARGE Matrix (Anti-Stress-Adaptogen):**
 - Cortisol and free-radicals are the two primary opponents to cellular health and recovery. RECHARGE Matrix contains several specific compounds included to control cortisol, the stress-response / growth-inhibiting hormone.
- **REPLENISHMENT Matrix (Carb-Max™ blend):**
 - Carb-Max™ blend is a scientifically formulated combination of specific carbohydrate sources, each specifically chosen for its unique energy-yielding properties and recovery enhancement capabilities. The Carb-Max™ blend contains 3 different mono- and polysaccharides, combined to yield sustained replenishment.

NUTRITION

Serving Size 1 Scoop
Servings Per Container 22

Amount Per Serving % Daily Value

Calories 48

Calories from Fat 0
Potassium 91 mg

Total Carbohydrate 2 g

Dietary Fiber 2 g
Sugars 1 g

Protein 10 g
Calcium 123 mg 12%
Phosphorus (Dicalcium Phosphate) 90 mg
Bullet Proof Proprietary Matrix 18,735 mg

*percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Sucralose, Maltodextrin, Malic Acid, Citric Acid, Natural And Artificial Flavors, Acesulfame Potassium, Sucrose, Guar Gum.

COMBAT



NUTRASPORT

Flavours:	Fruit Punch, Orange
Size:	2.2Kg
Price:	€59.99

PURCHASE

WHAT IT DOES

COMBAT™ is MusclePharm's technologically advanced Protein Superfood. Athletes and Bodybuilders have long known that high-quality protein is the key to building and maintaining lean muscle, while supporting a healthy body composition and fueling fat loss. Protein is the most-important macronutrient for muscle growth, mass and power. High quality protein supports muscle growth and recovery and the integrity and health of all body tissues. Active bodies require MORE high quality protein for optimal performance - COMBAT™ was designed to answer that need.

COMBAT™ was carefully formulated using 5 specific proteins, each chosen for their high quality and for their distinct properties.

COMBAT'S Powerful Protein Sources:

- **Whey Protein Isolate** – Highest available yield of protein, gram for gram, of any whey protein source, WPI is fast absorbing into the muscle tissues, and has immune boosting properties to protect the body system during periods of intense training.
 - **Partially Hydrolyzed Whey Protein** – Hydrolyzed whey is protein that's been broken down into fast-absorbing peptides. The fastest absorbing of all forms of whey, hydrolyzed whey hits the bloodstream first, providing a rapid infusion of muscle building amino acids.
 - **Micellar Casein** – very slow-digesting, micellar casein has the capability of slowly infusing amino acids over several hours, protecting muscle tissue from breakdown over time. There is no substitute for the anti-catabolic effects of micellar casein.
 - **Whey Protein Concentrate** – closer to the whole food sources than other whey proteins, concentrate contains real food subfractions such as alpha-lactoglobulins and lactoferrins, with specific immune boosting and muscle building properties.
 - **Egg Albumin** – High bio-availability and well tolerated by most individuals, egg albumin has a high BCAA content and arginine. Egg albumin is a powerful contributor to hormone production and the muscle building process.
- Digestive Enzyme Blend:
Digestive enzymes break down food along the digestive tract so that nutrients can be absorbed into the bloodstream. COMBAT™ contains 60mg of a Digestive Enzyme Blend to aid in the digestion and absorption of the key muscle-building proteins contained herein. The body cannot absorb what it cannot break down. The added Digestive Enzyme Blend ensures maximum utilization of COMBAT's muscle-building protein component.

NUTRITION

Serving Size 1 Scoop
Servings Per Container 64

Amount Per Serving
Calories 140
Calories from Fat 20
Total Fat 3 g
Saturated Fat 2 g
Polyunsaturated Fat 0 g
Monounsaturated Fat 1 g
Cholesterol 65 g
Sodium 75 mg
Potassium 180 mg
Total Carbohydrate 8 g
Dietary Fiber 5 g 24%
Soluble Fiber 0 g
Insoluble Fiber 0 g
Sugars 3 g
Sugar
Other Carbohydrate 0 g
Protein 25 g
Trans Fat 0 g
Digestive Enzyme Blend 60 mg
Multi-Level Amino Acid Growth Matrix 35 g

SHRED



NUTRASPORT

Flavours:	N/A
Size:	30 Packs
Price:	€59.99

PURCHASE

WHAT IT DOES

SHRED MATRIX™ combines several natural compounds that have been shown to impact the body's multiple metabolic, energy and performance pathways. SHRED MATRIX™ is a comprehensive system of 5 "MATRICES" each specifically formulated to target the key metabolic pathways within the body that control fat metabolism.

Careful combination of the key ingredients in SHRED MATRIX™ results in one of the most comprehensive, most complete, most-effective fat loss systems ever formulated.

SHRED MATRIX Fat Loss System contains:

• **Energy and Fat Loss Matrix – FAT UTILIZATION / PERFORMANCE**
SHRED MATRIX™ meticulously combines several carefully selected natural stimulant agents that have proven fat loss properties. The Energy and Fat Loss Matrix is a double-edged weapon against stored fat. This powerful combination of ingredients supports the massive mobilization and utilization of fatty acids from adipocytes; these same powerful herbal and synthetic analogues simultaneously deliver concentrated, sustained, performance enhancing energy and focus without jitter.

• **Appetite Balancing & Weight Mgmt – REPARTITIONING / BLOCK FAT STORAGE**
Sticking to any meal plan that is structured for fat loss can be a challenge. SHRED MATRIX™ was designed to help make this an easy process. The Appetite Balancing & Weight Management complex included in SHRED MATRIX™ contains several ingredients to help control hunger and regulate blood sugar to help curb cravings and stabilize energy levels. SHRED MATRIX™ supports favorable nutrient repartitioning, increases insulin sensitivity, and enhances the uptake of carbohydrates directly into muscle cells, while keeping them away from fat cells. This powerful appetite control complex provides for greater nutrient absorption and feeds faster recovery for improved anabolism and greater fat utilization.

• **Sugar Stop™ and Enzyme Aid Matrix – DESTROYS SUGAR CRAVINGS**
SHRED MATRIX™ addresses the problem of sugar cravings often associated with low-calorie/low-carb programs. In addition to crushing cravings for sweets and sugar, SHRED MATRIX™'s advanced combination of compounds supports the proper repartitioning of nutrients to prevent new fat formation in the first place!

• **Diuretic Complex – LEAN and TIGHT**
• SHRED MATRIX™ contains key extracts that help control fluid balance. Keeping the water in the right places helps the body's systems work more efficiently, and results in that tight, lean appearance we're all after.

• **Brain Power Matrix – RAZOR FOCUS, NO JITTER**
SHRED MATRIX™ contains key substances to help support natural brain chemistry, to enhance mental function and improve mood. SHRED MATRIX's sophisticated formula provides all-day energy without crash or jitter. Perform better, with razor sharp focus and alertness using SHRED MATRIX™.

NUTRITION

Serving Size 1 Pack
Servings Per Container 30

Amount Per Serving % Daily Value

Magnesium Gluconate 7 mg
Potassium Aspartate 1 mg
Vitamin B3 (Niacinamide) 6 mcg
Zinc Monomethionine 1 mg
Vitamin B5 (d-calcium pantothenate) 6 mcg
Calcium Malate 4 mg 38%
Shred Matrix Proprietary Blend 3,660 mg
Energy & Fat Loss Matrix 1,259 mg
Appetite Balancing & Weight Management Control 797 mg
Diuretic Complex 575 mg
Sugar Stop & Enzyme Aid Matrix 554 mg
Brain Power Matrix 475 mg

*percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Caffeine Anhydrous, Turmeric Extract (95% Curcumin), Echinacea Angustifolia Root, Wood Betony, Astragalus Root, Kelp Extract (220mcg), Garlic, Cayenne 40,000 BTU, Gelatin, Magnesium Stearate.

BULLETPROOF



NUTRASPORT

Flavours:	N/A
Size:	30 Packs
Price:	€59.99

PURCHASE

WHAT IT DOES

BULLET PROOF™'s precise formula contains 3 specific Matrices, each meticulously formulated for maximum impact on the body's natural growth, repair and recovery systems. BULLET PROOF™ maximizes these processes during the body's most anabolic window...during sleep.

- **HGH and Night Growth Matrix:** Key sleep-enhancing, hormone-modulating and support agents including ZMA, L-Arginine HCL, GABA, Phenibut, Macuna Pruriens and L-Tyrosine are combined in a synergistic blend to ensure deep, restful sleep. During this critical recovery time period, the "anabolic window" of deep sleep, BULLET PROOF™'s careful formula will ensure the endocrine system is optimized for maximum production of HGH and Testosterone.

- **Muscle Recovery Matrix:** L-Glutamine, Beta Alanine, Citrulline Malate and Gingerols 20% - These key recovery, immune-bolstering, anti-catabolic and repair agents are combined in this specific blend to nourish the body at the cellular level. The Muscle Recovery Matrix will strengthen the immune system, protect against the potentially catabolic effects of hard-training and replenish energy systems to support ongoing high-intensity training. Gingerols, nature's "anti-inflammatory" contributes to the repair and recovery properties of this carefully engineered blend of performance enhancing nutrients.

- **Essential Amino Acid Blend:** The Essential Amino Acids are critical to preventing catabolism and to feeding new muscle growth. The body cannot synthesize these amino acids from other chemical building blocks; they must be ingested in sufficient quantities or the body will tear down existing muscle to find them. BULLET PROOF™ contains a proprietary blend of these key nutrients, included to support the anabolic process, stave off muscle breakdown and feed tissue repair.

1. Sleep is crucial to muscle growth. BULLET PROOF™ was specifically formulated to enhance deep sleep and maximize growth, recovery and repair.

2. The key anabolic, muscle-building hormones, HGH and Testosterone, are produced naturally during the first stages of sleep each night. By supporting the sleep state, hormone production and the anabolic processes are optimized. BULLET PROOF™'s proprietary formula helps to maximize hormone production during this key "anabolic window"

NUTRITION

Serving Size 19g
 Servings per container 22
 Calories 48
 Calories From Fat 0g
 Total Carbohydrate 0g
 Sugars 1g
 Calcium 200mg
 Potassium 60mg
 Phosphorus (dicalcium phosphate) 90g
 ZMA Blend 10mg
 Zinc (as monomethione & aspartate) 148g
 Magnesium (as aspartate) 10mg
 Vitamin B-6 (as Pyridoxine HCL)

Bullet Proof™ Proprietary Blend 12735mg

L-Arginine HCL
 Gamma Amino Butyric Acid
 4-Amino-3Phenylbutyric Acid (Phenibut)
 Macuna Pruriens Extract (Standardized To 20% L-Dopa)
 L-Phenylalanine
 L-Tyrosine
 ZMA Blend
 Zinc (As Monomethione And Aspartate)
 Magnesium (As Aspartate)
 Vitamin B-6 (As Pyridoxine HCL)

Muscle Recovery Matrix
 L-Glutamine
 HMB
 Calcium-B-Hydroxy-B-Methylbutyrate Monohydrate
 Beta Alanine
 Citrulline Malate
 Gingerols (From Ginger Root) 20%

Essential Amino Acid Blend
 L-Theronine, L-Valine, L-Methionine, L-Isoleucine, L-Phenylalanine, L-Histidine, L-Lysine, L-Aspartic Acid, L-Serine, L-Glutamic Acid, L-Proline, L-Glycine, L-Alanine, L-Leucine, L-Cysteine HCL